

# WELLNESS LEADER



**Mission:** The MUSC BCCW supports schools in the adoption of proven strategies that promote optimal health and well-being for all.

**Vision:** Our vision is a South Carolina where all children are healthy, succeed in school, and thrive in life.

## THE ROLE

- Build/maintain the school's wellness committee
- Plan/ schedule at least four committee meetings (can take place during another already established meeting)
- Help create/ maintain connections with community partners
- Delegate School Wellness Checklist sections to committee members with expertise in a specific area
- Log points and provide evidence in the online portal
- Communicate with the BCCW program coordinator

## THINGS TO KNOW

- You don't have to do it alone! Co-leaders are encouraged
- Your program coordinator is here to help. Reach out with questions, they can assist you virtually or in person
- You have an important role in helping to determine how wellness funds are spent