



Boeing Center for Children's Wellness Spending Guide for your School District Coordinated School Health Committee (CSHAC)

The district CSHAC funds must be used to conduct or enhance your school wellness initiative at the district level. Funds can be used to support nutrition, physical activity, or social-emotional wellbeing strategies in your district offices or district-wide. The CSHAC committee must discuss and vote on how to best use the funds. Some suggested ways to use the funds are:

- Purchase **healthy** foods, beverages, and/or incentive items for:
 - Wellness Leader Training
 - Focus Group meeting
 - CSHAC meetings
 - Wellness Achievement Celebration
- Purchase a trophy for the Grand Prize winner of the wellness contest and/or have the winning school name label added to trophy annually. Purchase incentives for schools receiving second and third place.
- Professional Development trainings for school district staff related to physical activity or nutrition. Consider a “train-the-trainer” model where one or more staff receive a training and share the methods with other staff or bring in guest speakers on Professional Development Days
 - Health professionals, dietitians, Action-Based Learning, Gardening courses, etc.
- Start or maintain a wellness program for district office employees and incentivize/reward successes.
- Purchase entries into community races or wellness-related events for a team of district office employees.
- Incentivize classroom teachers (small stipend or budget) for implementing wellness activities into the classroom.
- Purchase equipment for an Action Based Learning Lab or items used in kinesthetic classrooms.
- Collaborate with community partners to host a district-wide wellness event to encourage the local community to eat healthy and be active. Districts can share what is involved in the district level wellness policy at the event.