

# Local Wellness Policy To Do List

## 2025-2026 School Year

### Before Holding your CSHAC Meeting:

- ☐ Schedule your Coordinated School Health Advisory Council (CSHAC) meeting for the year. [CSHAC Webinar](#).
- ☐ Take the SC Healthy Schools Assessment Training Course. [Guide to completing SC Healthy Schools Assessment](#).
- ☐ Complete the district level SC Healthy Schools Assessment on the Alliance for a Healthier Generation's website. [Alliance Portal to SC Healthy Schools Assessment](#).

### During your CSHAC Meeting:

- ☐ Create Measurable Goals/Objectives
  1. Identify the four areas of the LWP that should have measurable goals/objectives: nutrition education, nutrition promotion, physical activity, and other-school based activities that promote wellness.
    - Using the SC Healthy Schools Assessment Results to create goals
  2. Meet with your wellness committee to identify at least one measurable goal for each of the four areas. [Measurable Objectives webinar](#).
    - Use Healthier Generations [Action Center](#) to document goals
  3. Invite your state liaison or any member of the STAT to be a member to sit in on this meeting or to join you virtually.

### After your CSHAC Meeting:

- ☐ If you need to update your LWP contact person, please do so by sending the information to [wellnesspolicy@ed.sc.gov](mailto:wellnesspolicy@ed.sc.gov).
- ☐ If you are doing something exciting with LWP please share it with [wellnesspolicy@ed.sc.gov](mailto:wellnesspolicy@ed.sc.gov) to highlight in future communications and to connect with a STAT member
- ☐ Visit SCDE's LWP [Webpage](#)