

Local Wellness Policy To Do List

2024-2025 School Year

Before Holding your CSHAC Meeting:

- Schedule your Coordinated School Health Advisory Council (CSHAC) meeting for the year. [CSHAC Webinar](#).
- Take the SC Healthy Schools Assessment Training Course. [Guide to completing SC Healthy Schools Assessment](#).
- Complete the district level SC Healthy Schools Assessment on the Alliance for a Healthier Generation's website. [Alliance Portal to SC Healthy Schools Assessment](#).

Tips for Success

- Invite one member from the STAT to be a member of your assessment team to assist you if a problem arises.
- Begin enrolling your schools immediately into the SC Healthy Assessment Tool
- Complete the entry of all schools on or before October 1, 2024

During your CSHAC Meeting:

- Create Measurable Goals/Objectives
 1. Identify the four areas of the LWP that should have measurable goals/objectives: nutrition education, nutrition promotion, physical activity, and other-school based activities that promote wellness.
 2. Meet with your wellness committee to identify at least one measurable goal for each of the four areas. [Measurable Objectives webinar](#).
 3. Invite your state liaison or any member of the STAT to be a member to sit in on this meeting or to join you virtually.

After your CSHAC Meeting:

- If you need to update your LWP contact person, please do so by sending the information to wellnesspolicy@ed.sc.gov.
- If you are doing something exciting with LWP please share it with wellnesspolicy@ed.sc.gov to highlight in future communications