

## Non-Food Reward Policy

Establishing healthy eating habits and attitudes toward eating requires staff to not use food as an incentive or a punishment. Positive or negative emotions associated with the setting and type of food offered or restricted may have long-lasting effects on student's food preferences.

Here at (SCHOOL NAME), we are committed to creating a healthier environment for our students by instituting a policy on healthy rewards and incentives at our school. (SCHOOL NAME) has adopted a non-food reward policy where teachers and staff will not use food or certificates for free food as a reward or punishment for students. Instead, they will seek other ways in which to recognize and reward their students.

We are trying to set a positive example and model healthy behaviors for our students. This policy will not be successful without the full participation of parents and school staff.

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Principal